

R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE



DR. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)

Activity Report				
INSTITUTE	R.N. Kapoor Memorial Ayurvedic Medical College & Hospital, Indore			
ACTIVITY TYPE	Transitional Curriculum 2023-2024			
DATE	22 November 2023 - 09 December 2023			
PLACE	"I" Block			
DURATION	15 days			
NUMBER OF PARTICIPANTS	100 Students from Batch 2023-2024			
ORGANIZATION	DR. A P J Abdul Kalam University, Indore & R.N. Kapoor Memorial Ayurvedic Medical College & Hospital, Indore			
CHIEF CO-ORDINATOR	Dr.Minal Manoharrao Khode (Consultant and Assistant Professor in Department of Kayachikitsa)			
FACULTY CONTACT DETAILS	8999362177			

Details about the activity:

- Day one (22/11/2023 Wednesday)
 Day coordinator Dr. Aparna Dixit (Assistant Professor in Department of Dravyaguna)
- Inauguration Session: Inauguration of the transitional curriculum is started with Dhanwantari Pooja by respected Dr. Manisha Dunghav madam (Principal & Medical Superintendent RNKMAMC&H, Indore) and Faculty members along with Dhanvantari Sthavan by first year students from batch 2022-2023. Respected Dr. Varsha Wanjari mam (H.O.D. & Professor RSBK department) welcomed honorable Dr. Manisha Dunghav madam (Principal & Medical Superintendent RNKMAMC&H, Indore) with floral bouquets.



Fig 1: Inauguration by Dr. Manisha Dunghav
Principal & Medical Superintendent



Fig 2: Principal Massage by Dr. Manisha Dunghav

(Principal & Medical Superintendent)

- Introduction of the Program by Chief Coordinator: Introduction of the transitional curriculum program is given by Chief Coordinator Dr.Minal Khode (Consultant & Assistant Professor in Department of Kayachikitsa). She has given importance of given the transitional curriculum with need of induction program to the student.
- Address by Principal: Respected Principal Madam addressed the new students with welcome note, rules and regulations of college, history of institute, necessity of transitional curriculum. and in induction the new students of of all committee.



Fig 3: Introduction of the Program by Chief Coordinator Dr. Minal Khode (RNKMAMC&H, Indore)



Fig 4: Introduction of the Class-Teacher
Dr. Priyanka Solanki (RNKMAMC&H, Indore)

- Experience Sharing: The experience of previous transitional curriculum program and institute are shared by two students, Khushboo Joshi and Pankaj Lovanshi (2nd year students from batch 2021-22.) both talked about best academic and camp experience to all students. Anam and Rahul Lokhande (1st year students from batch 2022-23) shared experience about knowledge gain in transitional curriculum program about the campus, hospital and college.
- **Introduction of the Class-Teacher:** Dr. Priyanka Solanki(Assistant Professor in Department of Kriya Sharir) introduced as a Class-Teacher of 1st year B.A.M.S. batch 2023-2024. She told about all committee of college, rights, discipline, duties of students, college timing, bus timing, bus route, process for leaves, rule and regulation of students.
- Vote of thanks for Inauguration Program: The transitional curriculum program, Chief Co-ordinator Dr. Minal Khode (Assistant Professor in Department of Kaychikitsa) was thankful delivered the not of that's. to principal the cultural committee faculty member's & student.





Fig 5: Experience Sharing by Khushboo Joshi Batch: 2021-2022

Fig 6: Experience Sharing by Rahul Lokhande Batch: 2022-2023

• **Pre-test:** Dr. Priyanka Solanki (Assistant Professor in Department of Kriya Sharir) has conducted Pre –test of the students by giving them 50 questions via Google form to check the basic knowledge of new students and motivate them for knowledge.



Fig 7: Pre-test via Google Form



Fig 8: Anchoring by Students batch 2022-2023

• Campus Visit: 2:00 PM to 4:00 PM the visit to the entire college and hospital is carried out by

Dr. Niraj Gole (Assistant Professor in Department of Rachana Sharir) and Dr. Ajith Krishnan (Assistant Professor in Department of Agada Tantra) to the students to make them familiar with the institute. In which Dr. Ajith Krishnan (Assistant Professor in Department of Agada Tantra) introduced college and hospital staff and Dr. Niraj Gole (Assistant Professor in Department of Rachana Sharir) guided a tour of entire campus and facilities.





Fig 9: Campus Visit by Dr. Niraj Gole & Dr. Ajith Krishnan Fig 10: Rasashala Visit with Dr. Varsha Wanjari
Assistant Professor (RNKMAMC&H, Indore)
Professor in RS & BK (RNKMAMC&H, Indore)

• **Vote of thanks**: After completion of the session, the program is summarized by day coordinator Dr. Aparna Dixit (Assistant Professor in Department of Dravyaguna).



Fig 11: Yoga Room Visit with Dr. Jyoti Jagtap Professor in SW (RNKMAMC&H, Indore)



Fig 12: Vote of thanks by Dr. Aparna Dixit Asst. Prof in DG (RNKMAMC&H, Indore)

- Day two (23/11/2023 Thursday)
 Day coordinator Dr. Priyanka Teva (Consultant and Assistant Professor in Department of Striroga and Prasuti Tantra)
- The day started with the prayer and Dhanwantari Pooja by the Faculties and Guest

Speakers followed by the introduction of guest speakers and welcome speech by the Day coordinator.





Fig 13: Dhanvantari Poojana by Guest Speaker & Principal Mam (RNKMAMC&H, Indore)

Fig 14: Yoga Session by Dr. Neha Rathore Asso. Prof in Swasthrutta (RNKMAMC&H)

• **Lecture 1**- 10AM to 11AM, the first Yoga session was conducted by Dr. Neha Rathore (Associate Professor in dept. of Swasthvritta from RNKMAMC&H Indore). she has explored importance of Yoga and Pranayama with practicals of Pranayama.



Fig 15: Dr. Akhilesh Shrivastav (Vice-Principal)
Shubhdeep Ayurved college, Indore



Fig 16: Welcome by Dr. Manisha Dunghav Principal (RNKMAMC&H, Indore)

- Lecturer 2 11AM to 12PM second session was done by Dr. Akhilesh Shrivastav (Vice-principal Shubhdeep Ayurved college, Indore) on the topic of ASUS (Ayurveda, Siddha, Unani and Sowa Rigpa) medical system and their roles in primary health care, public health and disease prevention.
- Respected Dr. Manisha Dunghav Principal (RNKMAMC&H) welcomed the speaker, Dr.

Priyanka Teva, Asst. Prof in Prasuti & Striroga (RNKMAMC&H) introduced guest speaker, Dr. Javashree Mate, Asso. Prof in department of Kriva Sharir (RNKMAMC&H) Summarized the Lecture, Dr. Minal Khode, Asst Prof in KC (RNKMAMC&H) delivered vote of Thanks.





Fig 17: Appreciation Program of Guest Speaker Fig 18: Vote of Thanks by Dr. Minal Khode By Dr. Manisha Dunghav (Principal, RNKMAMC&H) Asst. Prof in KC (RNKMAMC&H, Indore)

Lecture 3 - 12.00AM to 1.00 PM the third session was conducted by Dr. Jyoti Jagtap (Professor in dept. of Swasthavritta from RNKMAMC&H Indore) on self-learning and collaborative learning.





Prof in SW (RNKMAMC&H, Indore)

Fig 19: Dr. Jyoti Jagtap delivering a lecture Fig 20: Dr. Manisha Dundhav delivering a lecture Principal (RNKMAMC&H, Indore)

Lecture 4 - 2.00PM to 3.00PM orientation lecture on rules and regulations of the campus, code of conduct and dress code were taken by Dr. Manisha Dunghav (Principal and Medical superintendent from RNKMAMC&H Indore)





Fig 21: Dr. Ajith Krishanan in tour of university Asst. Prof in AT (RNKMAMC&H, Indore)

Fig 22: Vote of Thanks by Dr. Priyanka Teva Asst Prof in PTSR (RNKMAMC&H, Indore)

- Lecture 5 3.00PM to 4.00PM final session 'a guide tour of university' was done by Dr.Ajith Krishanan (Assistant Professor in department of Agadtantra & Vidhivedhyak from RNKMAMC&H Indore).
- Certification- Certificate of appreciation of guest speaker was distributed to the guest speaker Dr.Akhilesh Shrivastav by Respected Dr. Manisha Dunghav (principal RNKMAMC&H, Indore) in presence of Dr. Minal Khode (Chief Cordinator), Dr. Priyanka Teva (Day coordinator), faculty members and students. Entire day sessions were informative for the students.
- Vote of Thanks Vote of Thanks for a day was given by Dr. Priyanka Teva (Day coordinator).
 - Day Three (24/11/2023 Friday)
 Day coordinator Dr.Ajith Krishanan (Assistant Professor in department of Agadtantra & Vidhivedhyak)
 - The day started with the prayer and Dhanwantari Pooja by the Faculties and Guest Speakers followed by the introduction of guest speakers and welcome speech by the Day coordinator.





Fig 23: Inauguration by Guest Speakers Fig 24: Welcome of Guests by Dr. Varsha Wanjari MRS. Shilpa Raghuvanshi, MR. Himanshu Chetanani & MISS. Nigam Kumari (APJ University)

Lecture 1- 10AM to 11AM, the first session started on Basic computer skill of
Microsoft word by Mrs. Shilpa Raghuvanshi, (Assistant Professor, College of
Engineering, Dr. APJ Abdul Kalam University). Mam has elaborated the basic
tools and functions of Microsoft word for the students.





Fig 25: Himanshu Chetnani delivering a lecture Fig 26: Certification by Dr. Arvind Paikrao
Asst. Prof in College of Engineering Prof in KS (RNKMAMC&H, Indore)

- Lecturer 2 11AM to 12PM second session was done by Mr. Himanshu
 Chetnani, (Assistant Professor, College of Engineering, Dr. APJ Abdul Kalam
 University). Sir has taken a session of Microsoft Excel by well explaining the
 tools and basic functions of Microsoft Excel, how to use the cell formatting,
 basic formulas and cell management.
- Lecture 3 12.00AM to 1.00 PM the third session was conducted by Ms.
 Nigam Kumari, (Assistant Professor, College of Engineering, Dr. APJ Abdul Kalam University). She has taken a brief introductory basics of Microsoft Power point where the students have got an idea regarding preparation of slides for their seminars of how to create an attractive powerpoint

presentation.





Fig 27: Shilpa Raghuvanshi delivering a lecture Fig 28: Certification by Dr. Varsha Wanjari Asst. Prof in College of Engineering Prof in RS & BK (RNKMAMC&H, Indore)

- **Lecture 4** 2.00PM to 3.00PM Computer skills on internet browsing, Creating E-Mails, and E-Mail correspondence were taken by Ms. Nigam Kuymari, Assistant Professor, College of Engineering, Dr. APJ Abdul Kalam University.
- **Lecture 5** 3.00PM to 4.00PM final session was taken by Mr. Himanshu Chetnani, Assistant Professor, College of Engineering, Dr. APJ Abdul Kalam University on App installation Safety apps 122 India, Mysafetpin, Citizen COP, Shake2 safety, Raksha, Smart 24*7, where the students have been introduced with the basic ideas of app installation and the benefits of safety apps.





Fig 29: Certification by Dr. Jyoti Jagtap to Fig 30: Vote of Thanks by Dr. Ajith Krishanan Nigam Kumari (Asst. Prof in College of Engineering) Asst. Prof. in AT (RNKMAMC&H, Indore)

- Question-Answer Session After completion the sessions, a separate session was conducted to clear doubts of student regarding power point presentation & Microsoft exeel.
- **Certificate Distribution Program** Certificates were distributed for the guest speakers in presence of Dr.Minal Khode, (Chief Cordinator), Dr. Ajith Krishnan, (Day coordinator) and faculties. Entire day sessions were informative for the students which unable beneficial to et basic knowledge

- regarding the computer skills.
- **Vote of Thanks** Vote of Thanks for a day was given by Dr. Ajith Krishanan (Day coordinator).
- Day Four (25/11/2023 Saturday)
 Day coordinator Dr. Priyanka Solanki (Assistant Professor, Department of Kriya Sharir)
 - We at our R.N. Kapoor Memorial Ayurvedic Medical College & Hospital Indore organized Transitional curriculum 2023 for our new batch 2023-2024.
 - Introductory speech was given by our host/Student- Madiha khanam,
 Disha. Chourasia and Ayshakhan.
 - worship of Dhanwantari ji and lighting the lamp.was done by respected Dr. Suresh Saini (Prof & HOD in DG of RNKMAMC&H, Indore)
 - Day coordinator Dr. Priyanka solanki shared whole days schedule to student.





Fig 31: Dr. Suresh Saini delivering lecture (Prof & HOD in DG of RNKMAMC&H)

Fig 32: Shivani S. Gavande delivering Webinar (prof in KC, Parul University)

• Lecture 1- "Orientation lecture -personality development & recreation: soft skills" was delivered by Dr. Suresh Saini (Professor/HOD in Dravya Guna Department in at RNKMAMC) in which he defined skills and qualities required to develop it properly. He explained soft skill in terms of Ayurveda that Vaidyas can cure patients with the help of soft skills besides of hard skills.

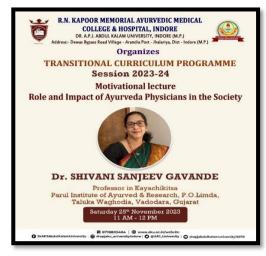




Fig 33: Flyer of Webinar

Fig 34: Question Answer session with students

- Lecture 2– Lecture starts topic on MotivationLecture on: role and impact of physicians in the society {webinar} was given by Dr. Shivani S.Gavande (Professor, Department of kaya chikitsa at parul university Gujarat). In her lecture, she has elaborately explained the role and impact of physician in every stage of life in society.
- Respected Dr. Manisha Dunghav Principal (RNKMAMC&H) welcome the speaker, Dr. Priyanka Solanki, Asst. Prof in Kriya Sharir (RNKMAMC&H) introduced guest speaker, Dr. Shraddha Dhundi, Asso. Prof in department of Rasa Shastra (RNKMAMC&H) Summarized the Lecture, Dr. Minal Khode, Asst Prof in KC (RNKMAMC&H) given vote of Thanks.





Fig 33:Vadatu Sanskritam by Dr. Mukesh Gupta Fig 34:Team Building by Dr. Ajith Krishanan Asst. Prof. in SS (RNKMAMC&H, Indore)

Asst. Prof. in AT (RNKMAMC&H, Indore)

- **Lecture 3**-"personality development and recreation: team building activity " was given by Dr. ajith Krishnan M (assistant Professor in department of agad tantra & vidhi vaidyak). He explained about team need of team work, to accomplish the work.
- **Lecture 4 & 5** Lecture on "Vadanu Samskritam" was given by Dr. Mukesh Gupta (AssistantProfessor, Department of Samhita Siddhanta RNKMAMC). He displayed Samskrit videos on screen in singing form to understand that's by samskrit makes easy to learn. He also explain importance of Sanskrit Language for understanding of Ayurveda.
- **Vote of Thanks** Vote of Thanks for a day was given by Dr. Priyanka Solanki (Day coordinator).





Fig 35: Batch 2023 - 2024

Fig 36: Vote of Thanks by Dr. Priyanka Solanki Asst. Prof. in KS (RNKMAMC&H, Indore)

Day Five (28/11/2023 Tuesday)

Day coordinator - Dr. Anand Verma (Associate Professor, Department of Samhita Sidhhant)

• The day started with the prayer and Dhanwantari Pooja by the Faculties and Guest Speaker, Dr. Nitin Urmaliya followed by the introduction of guest speakers and welcome speech by the Day coordinator.



Fig 37: Dr. Priyanka Solanki delivering a lecture Asst. Prof. in KS (RNKMAMC&H, Indore)



Fig 38: Inaugural program by Dr. Nitin Urmaliya Asst. Prof & HOD in AT (Govt Ashtang College)

- **Lecture 1:** 10AM to 11AM- The day started with the Orientation Lecture by Dr. Priyanka Solanki, Assistant Professor, Dept of Kriya Sharira on Institutional officials and their roles in the hierarchy.
- Lecture 2 11AM to 1PM was a Motivational lecture by Eminent Speaker on ASU: Pedagogy by Dr. Nitin Urmaliya, Assistant Professor, Govt. Ashtang Ayurved College, Indore.

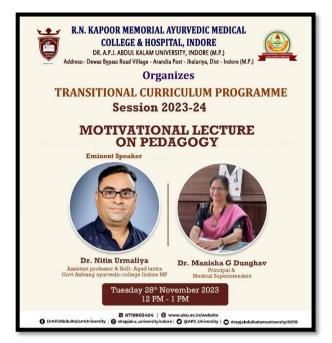




Fig 39: Flyer of Pedagogy lecture Fig 40: Dr. Nitin Urmaliya delivering a lecture Asst. Prof & HOD in Department of Agada Tantra (Govt. Ashtang Ayurved College, Indore)

- Respected Dr. Manisha Dunghav Principal (RNKMAMC&H) Dr. Varsha Wanjari, Prof in department of Rasashastra (RNKMAMC&H) welcomed the, Dr. Anand Verma, Asso. Prof in Samhita Suddhant (RNKMAMC&H) introduced guest speaker. Dr. Suresh Saini, Prof in department of Dravyaguna (RNKMAMC&H) summarized the Lecture, Dr. Minal Khode, Asst Prof in KC (RNKMAMC&H) delivered vote of Thanks.
- Certification: Appreciation Certificate & guest Speaker Certificate given by Dr. Ganesh Mate, Prof. in Rachana Sharir Department (RNKMAMC&H) to the speaker in presence of principal, chief- coordinator, day coordinator and other Faculty Members.



Fig 41: Welcome of guest by Dr. Varsha Wanjari Prof in RS & BK (RNKMAMC&H, Indore)



Fig 42: Certification by Dr. Ganesh Mate Prof in RS (RNKMAMC&H, Indore)

• **Lecture 3** - 2.00PM to 3.00PM - Orientation Lecture on Ayurveda's national and international reach, higher education in Ayurveda, job opportunities, entrepreneurship, etc.by Dr. Anand Prakash Verma, Associate Professor, Dept of Ayurveda Samhita & Sidhanta.





Fig 43: Dr. Mukesh Gupta Delivering a lecture Asst. Prof in SS (RNKMAMC&H, Indore)

Fig 44: Dr. Anand Verma Delivering a lecture Asso. Prof in RS (RNKMAMC&H, Indore)

- **Lecture 4 & 5** Vadadu Samskritam by Dr. Mukesh Gupta where he has given the basics of Sanskrit. Entire day sessions were informative and joyful for the students.
- Vote of Thanks Vote of Thanks for a day was given by Dr. Anand Verma (Day coordinator).

Day Six (29/11/2023 Wednesday) Day coordinator - Dr. Priyanka Solanki (Assistant Professor, Department of Kriya Sharir)

(We RNKMAMC&H, Indore organized Transitional curriculum for our new batch 2023-2024).

- Introductory speech was given by our host/Student- Kripanjali Bhawsar, Bhawna Patil and Garima Kumawat.
- Worship of Dhanwantari ji and lighting the lamp was done,
- (Chief coordinator Dr. Minal Khode has speech about Transitional curriculum and after that)Day coordinator Dr. Priyanka solanki shared wholeday Schedule the students. followed by lectures.





Fig 45: Dhanvantari Pooja & Dhanvantari Sthavan

Fig 46: Dr. Rinku chouhan's Yoga

Faculty Members & students

Asst Prof in SW (RNKMAMC&H, INDORE)

• **Lecture 1**- "Yoga session done by Dr. Rinku chouhan (Assistant Professor in swasthivritta and yoga Department in at RNKMAMC) in which she defined skills and what qualities able to develop by yogabhyas. She practiced student about pranayama and other yoga.



Fig 47: Dr. Aparna dixit Lecture on "Gender sensitization" Asst. Prof. in DG (RNKMAMC&H)



Fig 48: Dr. Rohit Parmar lecture on Demonstration of procedures

- **Lecture 2** Lecture on "Gender sensitization" was given by Dr. Aparna dixit (Assistant Professor, Department of Dravyaguna at our institute). In her lecture, she has elaborately explained the role and impact of Gender sensitization.
- **Lecture 3-**"Demonstration of procedures: Office related, Library related, internet related, leave related" was given by Dr. Rohit Parmar (assistant Professor in department of Roganidan). He explained about this topic very well.





Fig 49: "Vadtu Samskritam" by Dr. Mukesh Gupta Fig 50: A guide tour by – Dr. Ajith Krishnan Asst. Prof in SS (RNKMAMC&H, Indore)

Asst. Prof in AT (RNKMAMC&H, Indore)

- Lecture 4- Lecture on "Vadtu Samskritama" was given by Dr. Mukesh Gupta (Assistant Professor, Department of Samhita Siddhanta RNKMAMC). He displayed Samskrita videos on screen in singing form to understand that's by samskrita makes easy to learn. He also explained importance of Samskrita Language in Ayurveda learning.
- **Lecture 5-** A guide tour by Dr. Ajith Krishnan M (Assistant Professor in department of agad tantra & vidhi vaidyak). He visited students whole university and explained about it.
- **Vote of Thanks** Vote of Thanks for a day was given by Dr. Priyanka Solanki (Day coordinator).
- Day Seven (30/11/2023 Thursday)
 Day coordinator Dr. Rohit Parmar (Assistant Professor, Department of Roganidana & Vikrutivigyan)
 - The day started with the prayer and Dhanwantari Pooja by the Faculties and Guest Speakers followed by the introduction of guest speakers and welcome speech by the Day coordinator.





• **Lecture 1**- 10AM to 11AM, the first session is yoga session taken by Dr. Neha Rathore (Associate Professor Department of Swathavratta & Yoga, RNKMAMC&H, Indore, Dr. APJ Abdul Kalam University. Madam has elaborated the basic of yoga and vyayam.

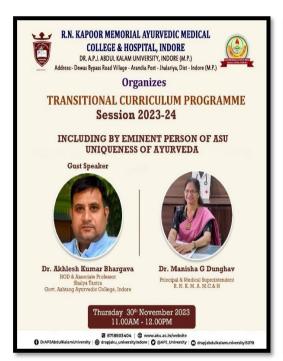




Fig 53: Flyer of Guest Lecture Fig 54: RNKMAMC&H Staff with Dr. Akhlesh Kumar Bhargava HOD & Associate Professor in Department of Shalya Tantra (Govt. Ashtang Ayurved College, Indore)

- Lecturer 2 11AM to 12PM second session was done by Dr. Akhlesh Kumar Bhargav, Associate Professor, and Head of Department of Shalya Tantra, Govt. Ashtang Ayurvedic Collage, indore. Sir has elaborated the Ayurveda, Ashtang ayurveda, Dosha and Prakriti. Sir has also explained the Qualities of the Physician.
- Respected Dr. Manisha Dunghav Principal (RNKMAMC&H) welcomed the speaker. Dr. Rohit Parmar, Asst. Prof in Roga Nidana (RNKMAMC&H) introduced guest speaker. Dr. Sanjeevani Patil, Prof in department of Agada Tantra (RNKMAMC&H) summarized the Lecture. Dr. Minal Khode, Asst Prof in KC (RNKMAMC&H) delivered vote of Thanks.
- Certification: Appreciation Certificate & guest Speaker Certificate given by Dr. Sanjeevani Patil, Prof. in Agadatantra Department (RNKMAMC&H) to the speaker in presence of principal, chief-coordinator, day coordinator and other Faculty Members.





Fig 55: Dr. Akhlesh delivering a lecture on Uniqueness Fig 56: Certification by Dr. Sanjeevani Patil of Ayurveda (Govt Ashtang Ayurvedic college, Indore) Prof in AT (RNKMAMC&H, Indore)

• **Lecture 3** – 12.00AM to 1.00 PM the third session was conducted by Dr. Ashish Choyal, Assistant Professor, Department of Panchakarma R.N. Kapoor memorial ayurvedic medical college & Hospital, Indore, Dr. APJ Abdul Kalam University. Sir has explained the Importance health and hygiene for good health.



Fig 57: Dr. Ganesh Mate's Orientation lecture Prof in RS (RNKMAMC&H, INDORE)



Fig 58: Dr. Alka Chouhan's Team building Activit Asst. Prof in KB (RNKMAMC&H, INDORE)

- Lecture 4 2.00PM to 3.00PM Orientation Lectures: Orientation of Regulatory/Governing Bodies (Ministry of Ayush, NCISM, affiliated universities, State Commissioner ate/ Directorate, etc.) and introduction of their heads was done by Dr.Ganesh Mate, Professor Department of Rachna Sharir, R.N.Kapoor memorial ayurvedic medical college & Hospital, Indore. Sir has elaborated the Bodies of government,like AYUSH, NCISM, Dr, APJ Kalam University etc.
- **Lecture 5** 3.00PM to 4.00PM final session was taken by Alka Chouhan Assistant Professor, Department of Kaumaryabritya., R.N. Kapoor memorial

ayurvedic medical college & Hospital, Indore, Dr. APJ Abdul Kalam University. Mam has explained the Importance of team building and Team building activity was conducted for students.



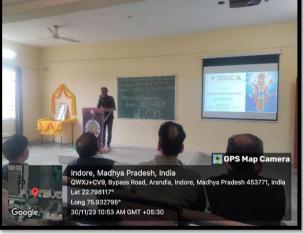


Fig 59: Vote of Thanks to Guest Speaker by Dr. Minal Asst. Prof in KC (RNKMAMC&H, INDORE)

Fig 60: Vote of Thanks by Dr. Rohit Parmar Asst. Prof in RN (RNKMAMC&H, INDORE)

- After Completion of the sessions, Certificates were distributed for the guest speakers by Dr.
 Sanjeevani Pa(Prof in AT) in presence of Dr.Minal Khode, (Chief Cordinator), Dr.Rohit Parmar, (Day coordinator) Faculties and Students.
- **Vote of Thanks** Vote of Thanks for a day was given by Dr. Rohit Parmar (Day coordinator).
- Day Eight (01/12/2023 Friday)
 Day coordinator Dr. Alka Chouhan (Consultant & Assistant Professor, Department of Kaumarbhrutya)
 - The day started with the prayer and Dhanwantari Pooja by the Respected principal madam and Faculties members.



Fig 61: Inauguration by Dr. Aditya Mishra & Dipak Kushvaha (Zendu Pharma)



Fig 62: Dr. Rinku Chouhan's Yoga Session Asst. Prof in KC (RNKMAMC&H, INDORE)

• **Lecture 1**- 10AM to 11AM, the first session started with yoga by the respected Dr. Rinku Chouhan, Assistant professor, Dept. of Swasthyavrita at RNKMAMC&H, Indore (M.P.). The day without prayer and the life without yoga, means feel like incomplete. Madam explained the basic rules of pranayama, and students followed madam's instructions and started to yoga, and meditation in daily rutine.





Fig 63: Interaction of Guest with Students Fig 64: Dr. Aditya Mishra delivering a lecture Medico Marketing Expert, Health Care Division, Emami Limited, Indore

- **Lecturer 2** 11AM to 12PM second session was done by Guest speaker respected Dr. Aditya Mishra, Medico marketing expert department. Sir has taken a motivational lecture for the student on the topic of pharmaceutical industries. Sir has explained the opportunities for the students after completion of BAMS in the field of ayurveda, and also introduced the Ayurveda Pharma companies, their products and their effective results on the particular diseases.
- **Certification:** Certificate and appreciation letter for the guest speakers given by respected Dr. Arvind Paikrao sir, Professor of Kriya Sharira department, In the presence of Chief Co-ordination respected Dr. Minal Khode, Day Co-ordinator Dr. Alka Chouhan and faculties.
- Respected Dr. Manisha Dunghav Principal (RNKMAMC&H) welcomed the speaker, Dr. Alka Chouhan, Asst. Prof in Balroga (RNKMAMC&H) introduced guest speaker, Dr. Arvind Paikrao, Prof in department of Kriya Sharir (RNKMAMC&H) summarized the Lecture, Dr. Minal Khode, Asst Prof in KC (RNKMAMC&H) gives vote of Thanks.



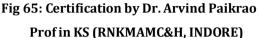




Fig 66: Regards to Guests by Dr. Arvind Paikrao Prof in KS (RNKMAMC&H, INDORE)

• Lecture 3 - 12.00AM to 1.00 PM

Then third session conducted by respected Dr. Piyanka Tewa, Assistant Professor, Dept. of PTSR, RNKMAMC&H, Indore. She has taken a topic on Basic life support and first aid, where the student learnt how to manage medical emergencies likes cardiac arrest, Strangulations, chocking, Dog biting, wound healing, how to do bandages etc. with applying proper maneuvers.





Fig 67: Dr. Piyanka Tewa lecture on Basic life support Fig 68: Dr. Mukesh Gupta's lecture Asst. Prof in PTSR (RNKMAMC&H, INDORE)

Asst. Prof in SS (RNKMAMC&H, INDORE)

Lecture 4 & 5 - 2.00PM to 4.00PM last session was delivered by respected Dr. Mukesh Gupta, Assistant professor, dept. of AI&SN, RNKMAMC&H, Indore. Sir has taken a lecture on Vadantu Sanskritam. Sanskrit is a ancient language and our Ayurveda shastra also written in the Sanskrit bhasha, Gupta sir presented in very simpliest way for the student. After attending few lectures of Vadantu Sanskritam, students were talking in Sanskrit, sir introduced to student nouns & verbs in sanskrit. and also difference between Ekvachan and Bahuvachan words in sanskrit, students learnt more and enjoyed this session.





Fig 69: Welcome to Guest Speaker Dr. Aditya Mishra

Fig 70: Vote of Thanks by Dr. Alka Chouhan Asst. Prof in KB (RNKMAMC&H, INDORE)

- **Vote of Thanks** Vote of Thanks for a day was given by Dr. Alka Chouhan (Day coordinator).
- Today's Anchors are Dr. Manaswi Rathore and Dr. Saloni Goswami, who did Anchoring very well today.
- Entire day sessions were informative for the students for getting more knowledge of ayurveda.

> Day Nine (02/12/2023 Friday)

Day coordinator - Dr.Ajith Krishanan (Assistant Professor in department of Agadtantra & Vidhivedhyak)

 The day started with the prayer and Dhanwantari Pooja by the Faculties and Guest Speakers followed by the introduction of guest speakers and welcome speech by the Day coordinator.





Fig 71: Inauguration by Dr. Priti Tambat Fig 72: Yoga Session by Dr. Rinku Chouhan HOD in SW (Shubhadeep Ayurved College, INDORE) Asst. Prof in KC (RNKMAMC&H, INDORE)

• **Lecture 1**- 10AM to 11AM- The day started with the Yoga session for the students by Dr. Rinku Chouhan, Assistant Professor, Dept. of Swastavritta & Yoga. Mam has included various asanas, pranayamas and have also explained the concepts of yoga.





Fig 73 & 74: Team Building by Dr. Priyanka Teva Asst. Prof in PTSR (RNKMAMC&H, INDORE) & Dr. Rohit Parmar Asst. Prof in KC (RNKMAMC&H, INDORE)

Lecture 2 – 11AM to 12PM was conducted by Dr. Priyanaka Tewa, Consultant, Dept
of Prasuti Tantra evum stri roga and Dr. Rohit Parma, Assistant Professor, Dept of
Rog Nidana evum Vikrit Vigjyan. The session was on the topic, Personality
Development & Recreation, Team building activities. Various team building
activities were conducted for the students that makes them to understand the
concept of Team building.





Fig 75: Flyer for Personality Development Fig 76: Dr. Priti Tambat delivering a lecture HOD in Department of Swasthrutta, Shubhadeep Ayurved College, Indore

• Lecture 3 – 12.00AM to 1.00 PM Orientation lecture on Personality Development & Recreation, Stress management including Yoga and meditation, relaxation techniques by Dr. Priti Tambat Kulkarni, HOD & Professor, Dept of Swasthavrutta & Yoga, Subhdeep Ayurved Medical College& Hospital, Indore, M.P. Mam has very well elaborated the concept of Yoga and meditation and the need of stress management in the contemporary scenario. She have also included short tips while doing yoga and meditation for our students.

- **Certification:** Felicitation and certificate distribution for the chief guest was done by our honorable Principal & Medical Superintendent Dr. Manisha G Dunghav, Dr.Minal Khode, Chief Cordinator and Dr. Ajith Krishnan, Day coordinator and faculties.
- Respected Dr. Manisha Dunghav Principal (RNKMAMC&H) welcomed the speaker, Dr. Jyoti Jagtap, Prof in department of Swastharutta (RNKMAMC&H) Summarized the Lecture, Dr. Minal Khode, Asst Prof in KC (RNKMAMC&H) given vote of Thanks. Introduction of guest speaker given by Dr. Ajith Krishnana (day coordinator).



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Fig 77: Certification by Dr. Manisha Dunghav Principal (RNKMAMC&H, INDORE)

Fig 78: Orientation lecture by Dr. Arvind Paikrao Prof in KS (RNKMAMC&H, INDORE)

• **Lecture 4** - 2.00PM to 3.00PM - Orientation lecture on An overview of the BAMS curriculum and the subjects including highlights of the Minimum Standard of Education 2021by Dr. Arvind Paikrao, Professor, Dept of Kriya Sharira. Sir have summarized the curriculum of BAMS course by elaborately explaining the subjects, mode of assessment, criteria and syllabus of BAMS Course



Fig 79: Vote of Thanks by Dr. Minal Khode
Asst. Prof in KC (RNKMAMC&H, INDORE)



Fig 80: Vote of Thanks by Dr. Ajith Krishnan Asst. Prof in AT (RNKMAMC&H, INDORE)

• **Lecture 5** – 3.00PM to 4.00PM, Final session was conducted by Dr. Rohit Parmar,

Assistant Professor, Dept of Rog Nidana evum Vikrit Vigyan on Team Building Activities. Various small games and activities were organized which will impart the concept of Team Building among the students. Students were actively participated in the games and the whole day sessions turned to be an entertaining one.

- **Vote of Thanks** Vote of Thanks for a day was given by Dr. Ajith Krishanan (Day coordinator).
- > Day Ten (04/12/2023 Monday)

Day coordinator - Dr. Priyanka Teva (Consultant and Assistant Professor in Department of Striroga and Prasuti Tantra)

• The day started with the prayer and Dhanwantari Pooja by the Faculties and Guest speakers. The introduction of guest speakers and whole day program schedule speech by the Day coordinator.





Fig 81: Yoga Session by Dr. Rinku Chouhan
Asst. Prof in SW (RNKMAMC&H, INDORE)

Fig 82: Flyer of Motivational Lecture
Dr. Amit Nakanekar (GAC, Nagpur)

• **Lecture 1**- 10AM to 11AM, the first Yoga session was started by Dr. Rinku Chauhan, Assistant Professor in Dept. of Swasthvritta, R.N. Kapoor Memorial Ayurvedic Medical College & Hospital, Indore.





Fig 83: Welcome speech by Dr. Manisha Dunghav Fig 84: Webinar by Dr. Amit Nakanekar
Principal (RNKMAMC&H, INDORE)
Asst. Prof in KC (Govt Ayurved College, Nagpur)

- Lecturer 2 11AM to 12PM second online session was done by Dr.Amit Naknekar
 Assistant prof. Govt. Ayurved college, Nagpur. Sir has taken motivational lecture on
 the topic of Carrier opportunity in Ayurveda and clinical exposure. Sire described
 very wide area where we can go through Ayurveda, also advice with govt. research
 collaboration project.
- Respected Dr. Manisha Dunghav Principal (RNKMAMC&H) welcomed the speaker. Dr. Priyanka Teva introduced the Guest Speaker. Dr. Jyoti Jagtap, Prof in department of Swastharitta (RNKMAMC&H) summarized the Lecture. Dr. Minal Khode, Asst Prof inKC (RNKMAMC&H) delivered the vote of Thanks.





Fig 85: Appreciation by Dr. Jyoti Jagtap Prof. in SW (RNKMAMC&H, Indore)

Fig 86: Vote of Thanks by Dr. Minal Khode Asst. Prof. in KC (RNKMAMC&H, Indore)

Lecture 3 – 12.00AM to 1.00 PM the third session was conducted by Dr.Alka Chauhan, consultant & assistant professor in dept. of Kaumarbhritya, RNMKMAMC&H, Indore. She has engaged the lecture on first aid in pediateics, explained very nicely in easy way.





Fig 87: Fitst Aid by Alka Chouhan Fig 88: Vadatu Sanskritam by Dr. Mukesh Gupta Asst. Prof. in KB (RNKMAMC&H, Indore) Asst. Prof. in SS (RNKMAMC&H, Indore)

- **Lecture 4** & **Lecture 5** 2.00PM to 4.00PM: Vadatu Sanskritam lecture were taken by Dr.Mukesh Gupta, Assistant prof., R.N. Kapoor Memorial Ayurvedic Medical College & Hospital, Indore. By the audiovisual session was very easy to learn for students.
- **Vote of Thanks** Vote of Thanks for a day was given by Dr. Priyanka Teva (Day coordinator).
 - Day Eleven (05/12/2023 Tuesday)
 Day coordinator Dr. Shraddha Dhundi (Associate Professor in Rasashastra & Bhaishajvakalpana)
- **Lighting of Lamp and Prayer:** Day started with lighting of lamp and Dhanwantari Stavan, Anam Khan and Shaikh Zubiya students started the session with Introduction of Day Coordinator. Followed by Dr Shraddha's detailed explanation of the schedule for the day.
- Lecture 1: "Yoga Session" by Dr. Rinku Chauhan (Asst. Prof. of Swasthavrutta & Yoga at RNKMAMC) in which she started her session with Yoga Preyer; Om Shahana Vavatu...Followed by Shukshma Vyayam, Om Chanting was executed. Deep breathing exercises were carried out. Dr Rinku got two Pranayamas viz. Bramari & Anulom Vilom performed from students. Mam concluded her refreshing session with ending prayer Serve Bhavantu Sukhinah





Fig 89: Yoga Session by Dr. Rinku Chouhan Fig 90: Basic Life Support by Dr. Ashish Choyal Asst. Prof. in SW (RNKMAMC&H, Indore) Asst. Prof. in PK (RNKMAMC&H, Indore)

• **Lecture 2:** From 11.00am to 12.00 pm lecture delivered by Dr Ashish Choyal (Assistant professor in Department of Panchakarma) on topic "Basic Life Support and First Aid.





Fig 91 & 92: Recreational Activity & Talent Show By Dr. Shraddha Dhundi Asso. Prof. in RS & BK (RNKMAMC&H, Indore)

- Lecture 3: "Personality Development & Recreation- Recreational Activities and Talent Show" by Dr Shraddha Dhundi (Associate Prof. of Rasashastra & Bhaishajya Kalpana Department at RNKMAMC) in which mam started with definition of personality which she explained with the examples of Chatrapati Shivaji Maharaj and Sachin Tendulkar. Mam gave 10 key points on developing personality and five benefits of personality development. In between presentation mam hunted for talent in class and asked 3 students to perform. Later she explained 5 factor theory or laxical hypothysis OCEAN and froud's theory, SWOT Analysis. Later she explained about the recreation and how could it be done in Ayurveda. Question-Answer session.
- Lecturer 4 & 5: Ayurvedic Herbal Garden Visit: Dr Aparna Dixit (Assistant Professor, RNKMAMC & H), the Herbal Garden of our college is visited by the students under the guidance of Dr. Suresh Saini, Professor and Dr. Aparna Dixit, Assistant Professor, Department of Dravyaguna. Introduction of the medicinal plants dualabe in the garden and their importance is told by the teachers. Importance of identification of medicinal plants in past and present scenario is also told to students.





Fig 93 & 94: Ayurvedic Garden Visit by Dr. Aparan Dixit Asst.Prof. in DG(RNKMAMC&H, Indore) & Dr. Suresh Saini, Prof. in DG (RNKMAMC&H, Indore)

• Vote of Thanks – Vote of Thanks for a day was given by Dr. Shraddha Dhundi (Day coordinator).

Day Twelve (06/12/2023 Wednesday) Day coordinator - Dr. Alka Chouhan (Consultant & Assistant Professor, Department of Kaumarbhrutva)

- The day started with the prayer and Dhanwantari Pooja by the Respected principal madam and Faculties members.
- **Lecture 1** 10AM to 11AM, the first session started by the respected Dr. Priyanka Teva, Assistant Professor, Dept. of PTSR, RNKMAMC&H, Indore. The tropic was personality development and recreation: Team building activites, madam started with games like funny moves, after games few questions related with general knowledge asked by madam. Students enjoyed this session.





Fig 95 & 96: Inauguration by Dr. Ganesh Mate, Dr. Arvind Paikrao & Dr. Suresh Saini Prof. in RS (RNKMAMC&H), Prof. in KS (RNKMAMC&H), Prof. in DG (RNKMAMC&H)

• Lecturer 2 – 11AM to 12PM second session was done by respected Dr. Rinku Chouhan madam, Assistant Professor of Swasthyavrita department, and Dr. Piyanka Solanki, Assistant Professor of Kriya Sharira department, RNKMAMC&H, Indore. The topic was Team Building Activities, both madam started to do activites/games with students like dance with acting, solo dance, dance competition, damshraaj, counting in different maneuvers. Students enjoyed a lot.





Fig 97 & 98: Team Building Activity by Dr. Priyanka Solanki, Asst. Prof. in KS (RNKMAMC&H) & Dr. Dr. Rinku Chouhan, Asst. Prof. in SW (RNKMAMC&H, Indore)

• **Lecture 3** – 12.00AM to 1.00 PM, the third session delivered by respected Dr. Minal Khode, Assistant Professor, dept. of Kaya Chikitsa, RNKMAMC&H, Indore. Madam has taken an orientation lecture on National health status, Goals, and Politics. Madam talked about the national health policies, principals and goals. And madam shared her working experience with the students. Student learnt how to manage patients and their attender, in critical situations.





Fig 99: Dr. Minal Khode lecture on National Health Policy Fig 100: Sanskrit lecture by Dr. Asst. Prof. in KC (RNKMAMC&H, INDORE) Mukesh Gupta, Asst. Prof. in SS (RNKMAMC&H)

- Lecture 4 & 5 2.00PM to 4.00PM last session was delivered by respected Dr.
 Mukesh Gupta, Assistant Professor, dept. of AI&SN, RNKMAMC&H, Indore. Sir has
 taken a lecture on Vadantu Sanskritam. Sir started with ganesh Vandana, afterthat
 sir explained Hindi Samay in Sanskrit and Sankhya in Sanskrit 1– 100000000, in
 between lecture sir played musical videos related to Sanskrit bhasha and Indian
 culture that was very peaceful, students enjoyed that vedios and overall session
 was amazing.
- **Vote of Thanks** Vote of Thanks for a day was given by Dr. Alka Chouhan (Day coordinator).
- I would like to thank to today's Achors Dr. Manaswi Rathore and Dr. Saloni Goswami, who did Anchoring very well. And thanks to all senior students who involved in this program directly or indirectly, for making this program successful with calmness.
- Entire day sessions were informative for the students for getting more knowledge of ayurveda.

Day Thirteen (07/12/2023 Thursday) Day coordinator - Dr. Neha Rathore (Associate Professor, Department of Swasthrutta)

• The day started with the prayer and Dhanwantari Pooja by the Faculties and Guest Speakers followed by the introduction of guest speakers and welcome speech by the Day coordinator.

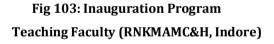




Fig 101 & 102: Communication Skill & Critical Thinking by Dr. Shraddha Dhundi Asso. Prof. in RS & BK (RNKMAMC&H, Indore)

• **Lecture 1**- 10AM to 11AM, the first session started on Personality Development and Recreation by Dr. Shraddha Dhundi, Assistant Professor RSBK, R.N.Kapoor Memorial Ayurvedic Medical College & Hospital, Indore. She focused upon Communication Skills and Critical Thinking.





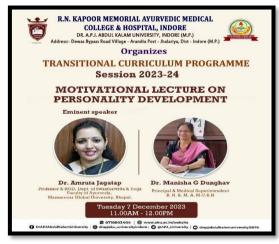


Fig 104: Flyer on Motivational Lecture Dr. Amruta Jagtap, Prof in Swastharutta

- **Lecture 2** 11AM to 12PM, second session "Motivational Lecture on Personality Development" was done by Dr. Amruta Jagtap, (Professor & HOD SW), Mansarovar Global University, Bhopal. She delivered her lecture with regard to empathy and respecting conduct, confidence and personal growth, speaking in front of an audience, etc. in online mode **(webinar).**
- Respected Dr. Manisha Dunghav Principal (RNKMAMC&H) welcome the speaker, Dr. Neha Rathore, Asso. Prof in Swastharutta (RNKMAMC&H) introduced guest speaker, Dr. Ganesh Mate, Prof in department of Rachana Sharir (RNKMAMC&H) Summarized the Lecture, Dr. Minal Khode, Asst Prof in KC (RNKMAMC&H) gives vote of Thanks.





Fig 105: Welcome of Guest by Dr. Manisha Dunghav, Principal (RNKMAMC&H)

Fig 106: Webinar by Dr. Amruta Jagtap
HOD & Prof in SW (Mansarovar university, Bhopal)

• **Lecture 3** – 12.00AM to 1.00 PM the third session on "Personality Development and Recreation" was conducted by Dr. Aparna Dixit, Assistant Professor DG, R.N.Kapoor Memorial Ayurvedic Medical College & Hospital, Indore. She focused upon recreational activities and talent show for encouraging students to participate in institutional activities, identifying and recording such students.



Fig 107: Orientation Lecture by Dr. Niraj Gole Asst. Prof. in RS (RNKMAMC&H, Indore)



Fig 108: Dr. Aparna Dixit delivering a lecture Asst. Prof. in DG (RNKMAMC&H, Indore)

• **Lecture 4** - 2.00PM to 3.00PM Orientation Lecture was taken by Dr. Niraj Gole, Assistant Professor RS, R.N.Kapoor Memorial Ayurvedic Medical College & Hospital, Indore. He emphasized lifelong learning strategies, time management, examination strategies, etc. during his lecture.



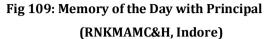




Fig 110: Covid-19 Management by Dr. Minal Khode Asst. Prof. in KC (RNKMAMC&H, Indore)

- **Lecture 5** 3.00PM to 4.00PM the final session was an orientation lecture by Dr. Minal Khode, Assistant Professor KC, R.N.Kapoor Memorial Ayurvedic Medical College & Hospital, Indore on role of Ayush in Covid-19 management and its scientific outcomes (Ref. Ministry of AYUSH Dossier)
- After finishing the sessions, a separate session conducted to for clear doubts and clarifications of the students.
- Entire day sessions were informative for the students for getting updated among themselves and creating a basic knowledge regarding their personal development.
- **Vote of Thanks** Vote of Thanks for a day was given by Dr. Neha Rathore (Day coordinator).
- Day Fourteen (08/12/2023 Friday)
 Day coordinator Dr. Rinku Chouhan (Assistant Professor in Department of Swasthrutta)
 - We at our RNKMAMC&H, Indore Transitional curriculum 2023 for our new batch 2023-2024.
 - Introductory speech was given by our host/Student- Khushi Agarwal and Yash Joshi.
 - Then we done Worship of Lord Dhanwantari and lighting the lamp. Was done,
 - Chief coordinator Dr. Minal khode given some speech about Transitional curriculum and after that Day coordinator Dr. Rinku Chouhan shared whole day Schedule to students followed by.





Fig 111: Various Medical System by Dr. Niraj Fig 112: Flyer for How to set goal lecture

Asst. Prof. in RS (RNKMAMC&H) Dr. Sandeep G Dahilekar, Principal (LNCT, INDORE)

• **Lecture 1**- Orientation lecture "An Introduction to various medical systems" was given by Dr. Niraj Gole (Assistant professor in Rachana Sharir Department in at (RNKMAMC&H) in which he elaborately explained about the role, principles and importance of each medical system.





Fig 113 & 114: Inauguration by Dr. Sandeep Dahilekar & Dr. Manisha Dunghav

Principal (LNCT, INDORE) Principal, (RNKMAMC&H, Indore)

- Lecture 2- Lecture Started topic "How to set goals" was given by Dr. Sandeep Govind Dahilekar (Principal at LNCT Ayurved Medical College & Hospital, Indore). In his lecture, initially he conveyed positive messages to the students, including examples and then he elaborated on Ayurveda's beliefs and understanding. Using the example of well-known individuals, he explained very well how to achieve our goals in life, which was very beneficial for our students.
- Respected Dr. Manisha Dunghav Principal (RNKMAMC&H) welcomed the speaker. Dr. Rinku Chouhan, Asst. Prof in Swastharutta (RNKMAMC&H) introduced guest speaker. Dr. Anurag Jain, Prof in department of Rachana Sharir (RNKMAMC&H) summarized the Lecture. Dr. Minal Khode, Asst Prof in KC (RNKMAMC&H) delivered vote of Thanks.



Indore, Madhya Pradesh, India
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Long 75.932658°
08/12/23 11:31 AM GMT +05:30

Fig 115: Welcome of Guest by Dr. Anurag
Jain (Prof in RS of RNKMAMC& H, Indore)

Fig 116: RNKMAMC&H Staff with Guest

Dr Sandeep Dahilekar (Principal, LNCT Indore)

- **Lecture 3-** Lecture started topic on Motivation Lecture on "Biodiversity of Ayurveda" webinar was given by Dr. Shivanand Shrikant Patil (Professor in Dravyaguna Department at Late Kedari Redekar Ayurveda College Gadhinglaj, Kolhapur Maharashtra). In his lecture, he explained that Ayurveda recognizes the medicinal properties of different species and cultivated nature. Ayurveda has learned to use local plants to treat an ailment in different regions. He shared his knowledge of Ayurvedic trichology as well.
- Respected Dr. Manisha Dunghav Principal (RNKMAMC&H) welcomed and gives the speaker, Dr. Priyanka Solanki, Asst. Prof in Kriya Sharir (RNKMAMC&H) introduced guest speaker. Dr. Ganesh Mate, Prof in department of Rachana Sharir (RNKMAMC&H) summarized the Lecture. Dr. Minal Khode, Asst Prof in KC (RNKMAMC&H) delivered vote of Thanks.





Fig 117: Biodiversity of Ayurveda by

Dr. Shivanand S. Patil (prof in DG)

Fig 118: welcome by Dr. Manisha Dunghav (Principal of RNKMAMC&H, Indore)

• **Lecture 4-** Lecture on "Basic Life Support and first Aid; Demonstration on Dummy or model" was given by Dr. Minal Khode (Assistant Professor in Kayachikitsa Department at (RNKMAMC&H). She thoroughly explained the technique of

what is "basic life support" through demonstrations, which was extremely beneficial to the students. She explained to the students how to check ABC, which is part of basic life support and what we should do for that so that we can save a person's life. She focused on applied aspect of basic life support and explained very well by her experiences.





Fig 119 & 120: Demonstration of Basic Life Support by Dr. Minal Khode

Consultant & Asst. Prof. in KC (RNKMAMC&H, Indore)

• **Lecture 5-** Lecture on "Vadtu Samskritam" was given by Dr. Mukesh Gupta (Assistant Professor, Department of Samhita Siddhanta RNKMAMC). He displayed Samskrit videos on screen in singing form to understand that is by samskrit makes easy to learn and spoke about the things used in daily life in Samskrit and practiced them. He also explained importance of Samskrit Language in Ayurveda learning.





Fig 121: Sansrit Lecture by Dr. Mukesh Gupta Fig 122: Vote of Thanks by Dr. Rinku Chouhan Asst. Prof. in SS (RNKMAMC&H, Indore)

Asst. Prof. in SW (RNKMAMC&H, Indore)

 Vote of Thanks – Vote of Thanks for a day was given by Dr. Rinku Chouhan (Day coordinator).

➤ Day Fifteen (09/12/2023 Saturday) Day coordinator - Dr. Rohit Parmar (Assistant Professor, Department of Roganidana & Vikrutivigyan)

• The day started with the prayer and Dhanwantari Pooja by the Faculties and Guests followed by the introduction of guests and welcomed speech by the Day coordinator.





Fig 123: Introduction of Instrument of labor & OT By Dr. Priyanka Teva(Asst Prof in PTSR RNKMAMC&H)

Fig 124: Post-test & Feedback by Dr. Priyanka Solanki (Asst. Prof in KS of RNKMAMC&H)

- ☑ **Lecture 1** 10AM to 11AM- The day started with the Orientation Lecture by Dr. PriyankaTeva, Assistant Professor, Department of PTSR on Introduction of instruments of PK/OT/Labour.
- ☑ **Lecture 2** 11AM to12PM was Conducted Post test & feedback for the students taken by Dr. Priyanka Solanki, Assistant Professor, RNKMAMC&H Indore.





Fig 125 & 126: Shishyopanayan Sanskara of batch 2023-2024 by Faculty Members





Fig 127 & 128: Dr. Manisha Dunghav told importance of Shishyopanyan Sanskara

- **Session 3** 12AM to1PM –Celebrated Shishyopanayan Sanskara in the presence of Respected Principal & All Staff of RNKMAMC&H Indore.
- Massage by Principal: Respected Dr. Manisha Dunghav, Principal (RNKMAMC&H) address

allnew first year students Batch 2023-24 and gives information about Shishyopanayan Sanskara. Shealso told importance of all 16 Sansakara in our life.





Fig 129 & 130: Teachers and Students (batch 2021-22 & 2022-23) Team of Shishyopanayan Sanskara

Inauguration of Valedictory Function: This program was inaugurated by honorable Dr.
Rajeev Vishvakarma, Pro-vice chancellor institute (APJ abdul kalam university, indore),
Dr. Revati Gupta, Principal of Pharmacy (APJ abdul kalam university, indore),
Dr. Karunakar Shukla, Principal of Pharmacy (APJ abdul kalam university, indore), respectedDr.
Manisha Dunghav Principal (RNKMAMC&H, indore) and all faculty members.





Fig 131: Inauguration by Dr. Rajeev Vishvakaram Pro-VC (DR. A P J ABDUL KALAM UNIVERSITY)

Fig 132: Valedictory function Introduction by Dr. Manisha Dunghav (Principal in RNKMAMC&H)

- **Principal Speech:** Respected Dr. Manisha Dunghav, Principal (RNKMAMC&H) given brief information about all 15 days Transitional Program.
- **Welcome Program:** Respected Dr. Manisha Dunghav, Principal (RNKMAMC&H) welcomed all three Guest with floral bouquets.

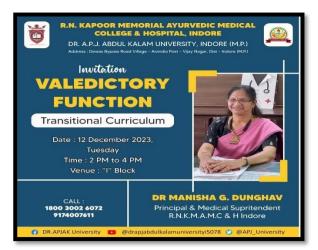




Fig 133: Invitation Letter of Function Valedictory Function

Fig 134: welcome of Pro-VC by Dr. Manisha Dunghav (Principal in RNKMAMC&H)



Fig 135: Welcome of Dr. Revati Gupta Principal in Pharmacy (APJ University, indore)



Fig 136: Welcome of Dr. Karunakar Shukla Principal in Pharmacy (APJ University, indore)

• Valedictory Function: Prize Distribution for the winners of Ayurveda Day, Certificate of appreciation for all the coordinators distributed by Respected Pro VC sir (Dr. Rajeev Vishwakarma), Dr. Karunakar Shukla (Principal SOP), Dr. Revati Gupta (Acadmic dean of all Pharmacy Collage) in presence of Respected Dr. Manisha Dunghav, Principal (RNKMAMC&H)





Fig 137 & 138: Certification of batch 2022-23 for Quiz Competition & Chees Competition



Fig 139: Garbha Competition Winner Team
TeamBatch 2021-2022



Fig 140: Dahi Handi Competition Winner Batch 2022-2023





Fig 141 & 142: Experience Sharing of Transitional Curriculum Program by batch 2023-24

• Vote of Thanks: vote of thanks for all Transitional curriculum is given by Dr. Minal Khode, chief co-ordinator (Asst. Prof in department of Kayachikitsa). She expresses her gratitude to Respected Dr. Manisha Dunghav, Principal (RNKMAMC&H) for her guidance and support. She is also thankful to all faculty members for their help in program. She is also thankful to honorable Dr. Dipika Pathak, Vice- Chancellor (APJ ABDUL KALAM UNIVERSITY, INDORE) and APJ ABDUL KALAM UNIVERSITY, INDORE.





Fig 143: Vote of Thanks for Transitional Curriculum By Dr. Minal Khode (Chief Coordinator)

Fig 144: Team of Valedictory Function (RNKMAMC&H, Indore)

• "Transitional Curriculum"- Batch 2023-2024 celebrated with a huge success under the supervision of the principal respected Dr. Manisha Dughav (Principal & Medical Superintendent, RNKMAMC & H Indore).

PRINCIPAL Dr. Manisha Dunghav CHIEF CO-ORDINATOR
Dr. Minal Khode